# **Interested in Accessing Resources?**

Any LINK partner is able to assist you. Please mention the LINK when you contact us and ask to speak with an options counselor.

# Pennsylvania Link to Aging and Disability Resources Partners

 APPRISE Health Insurance Counseling Program Senior Community Services

APPRISE is a free health insurance counseling program designed to help older Pennsylvanians with Medicare. Counselors can answer your questions about Medicare and provide you with objective, easy-to-understand information about Medicare, Medicare Supplemental Insurance, Medicaid, and Long-Term Care Insurance.

http://www.scs-delco.org/programs/insurancecounseling

Phone 484-494-3769 Fax 610-237-1504

Email gradical@scs-delco.org

Community Action Agency of Delaware County

Phone 610-874-8451

#### • Community Interactions Inc.

Community Interactions Inc. (*CI*), founded in 1971, provides person-centered services to individuals with autism, intellectual disabilities, and behavioral health challenges. In 1973, *CI* opened its first home in Delaware County, Pennsylvania. Today, Community Interactions serves over 250 adults in a variety of community living arrangements and inclusionary day programs in the States of Delaware and Pennsylvania.

The mission of Community Interactions is to provide quality services for people with intellectual, physical and behavioral health challenges: to create lifestyles consistent with their communities respecting individual choice, self-determination and culture.

#### www.communityinteractions.org

Phone 610-328-9008 Fax 610-328-4597 Toll Free 1-877-328-4799

#### Community Transit

Community Transit is a private, non-profit organization that provides reliable, affordable, transportation to residents of Delaware County through their mission "to increase the mobility and independence of senior citizens, and persons with disabilities." Community Transit's service is available to **everyone in Delaware County** for any trip purpose. The Senior Shared Ride Program is a reduced fare transportation program available to riders age 65 and older who are willing to share their trip with other passengers. Community Transit is also the county-designated administrator for

the Medical Assistance Transportation Program in Delaware County. ACCESS card holders may call 610-490-3975 for more information. Under the PwD program, transportation is available for people with disabilities, age 18-64 who need transportation from an area not served by existing transportation services. Passengers must become registered with Community Transit by calling their office at 610-490-3977 or by visiting their website at <a href="www.ctdelco.org">www.ctdelco.org</a>. Once registered, passengers can begin scheduling trips by calling 610-490-3960. Trip requests are accepted up to 12 noon, one day in advance, as availability permits. All trips are reserved on a first-come, first-served basis and rides are available as capacity and ridesharing allow.

# County of Delaware Services for the Aging (COSA)

The County of Delaware Services for the Aging provides leadership, programs, services, and advocacy to promote the dignity, independence, and quality of life for seniors, adults with disabilities, and their caregivers.

# www.delcosa.org

Phone 610-490-1300 Fax 610-490-1500

Email cosa@co.delaware.pa.us

#### Crozer-Keystone Health System-Senior Health Services

Crozer-Keystone Health System offers Senior Health Services to help you cope with the many health and lifestyle changes you face and to lead active, fulfilling lives. Crozer-Keystone's dedicated professionals assist seniors, their physicians, family, and caregivers in accessing the quality programs and services offered throughout the health system and the community.

# www.crozer.org/CHK/people/seniors

Phone 1-800-254-7539 Fax 610-338-2720

Email srhealth@crozer.org

#### • Delaware County Office of Behavioral Health

Phone 610-713-2374

# • Department of Human Services

The mission of the Department of Human Services is to promote, improve and sustain an individual's quality of life. This website will link you to the department's website where you will be able to apply for medical and SNAP benefits.

#### www.dhs.state.pa.us

Phone 610-447-5500 Fax 610-447-5399

#### • Freedom Valley Disability Center

Freedom Valley is a Center for Independent Living that has been serving people of all ages with disabilities in Chester, Delaware, and Montgomery Counties for nearly twenty years. The services provided include: Information and Referral, Advocacy, Independent Living Skills Training, and Peer Support. We help access transportation, home modification programs, and social opportunities, among other things. FVDC is staffed by individuals with disabilities, adding a unique peer perspective to service provision.

## www.fvdc.net

Phone 610-353-6640 Fax 610-353-6753 Email ann@fvdc.net

# • Legal Aid of Southeastern Pennsylvania

Phone 610-874-8421

# Merakey

Merakey, through its subsidiaries, is one of the nation's leading non-profit providers of community-based human services. With nationally recognized programs in multiple states, Merakey offers a full range of integrated services to children and adults in the areas of mental health, addictive diseases, autism, intellectual and developmental disabilities, juvenile justice, treatment foster care, education and other specialized services. The work of Merakey is anchored in the firm belief that it is every individual's right to achieve growth, dignity, and fulfillment in their lives. For more information about

Merakey, please call the Delaware County office at 610-537-5353 or visit us at www.nhsonline.org.

#### Mercy LIFE

Mercy LIFE is a nationally recognized Program of All-Inclusive Care for the Elderly (PACE) that offers older adults a total solution for long-term care. Our program provides medical and social services, at home and at the Mercy LIFE Day Centers, helping older adults maintain their independence. Mercy LIFE's compassionate team of healthcare professionals, specializing in geriatric care, work with individual's and their family's to evaluate and develop a customized care plan to meet each individual's personal needs and goals.

#### To enroll in Mercy LIFE

- You must be 55 or older
- Need the level of care that requires nursing facility type services
- Live in Delaware County or one of the following Philadelphia County zip codes: 19106,19107,19122,19123,19125,19133,19134,19137,19140,19145,19146,19147, or 19148.
- Need medical care and supportive services and are able to live in the community safely with the services provided through Mercy LIFE.

# Mercy LIFE Day Center locations include:

- 1930 S. Broad Street, Philadelphia PA 19145
- 3240-64 N. Hancock Street, Philadelphia PA 19140
- 111 Elwyn Road, Elwyn PA 19063
- 701 Chester Pike, Sharon Hill PA 19079

To learn more about the Mercy LIFE program or to take a virtual tour of the Day Centers, visit <a href="https://www.mercylife.org">www.mercylife.org</a>

Contact us 24/7 at 215-339-4747.

Office of Intellectual Disabilities

Phone 610-713-2400

Office of Veterans Affairs

Phone 610-891-4646

### • Senior Community Services

Senior Community Services is a non-profit organization with a mission to promote independent and meaningful living for older adults through direct services and programs in the home and community. SCS has served older adults since 1977 with an aim to enhance positive aging. Services include: information/referral, resources, senior centers, life-long learning, care management, and health insurance counseling. www.scs-delco.org

Phone 610-237-6222 Fax 610-237-1504

Email tgrundy@scs-delco.org